

FOUR WEEKS OF DISCOVERY

MICHELLE S. LIVINGSTON

ABOUT THE WORKBOOK

IT'S ALL ABOUT YOU!

THIS WORKBOOK IS ALL ABOUT YOU! IT IS A REKINDLING PROCESS TO IGNITE THAT FIRE INSIDE OF YOU! IT IS A SELF-CHECK ON HOW YOU ARE CURRENTLY LIVING VERSUS WHERE YOUR SOUL REALLY WANTS TO BE!

THERE IS A PAGE FOR EACH DAY DURING THE FOUR WEEKS OF DISCOVERY. SPEND THE TIME TO REACH YOUR CORE AND RESPOND TO WHAT IS TRUE FOR YOU.

THERE AREN'T ANY RIGHT OR WRONG ANSWERS.

RELISH IN THE DISCOVERY!

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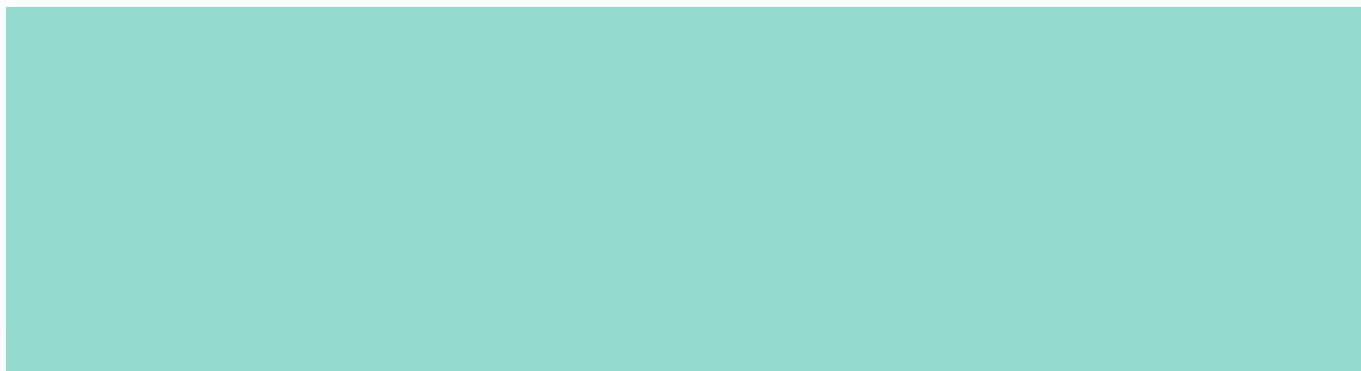
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Day One of Discovery

DESCRIBE YOUR IDEAL DAY ...

What is one thing you can do now
to enjoy your day?



Day Two of Discovery

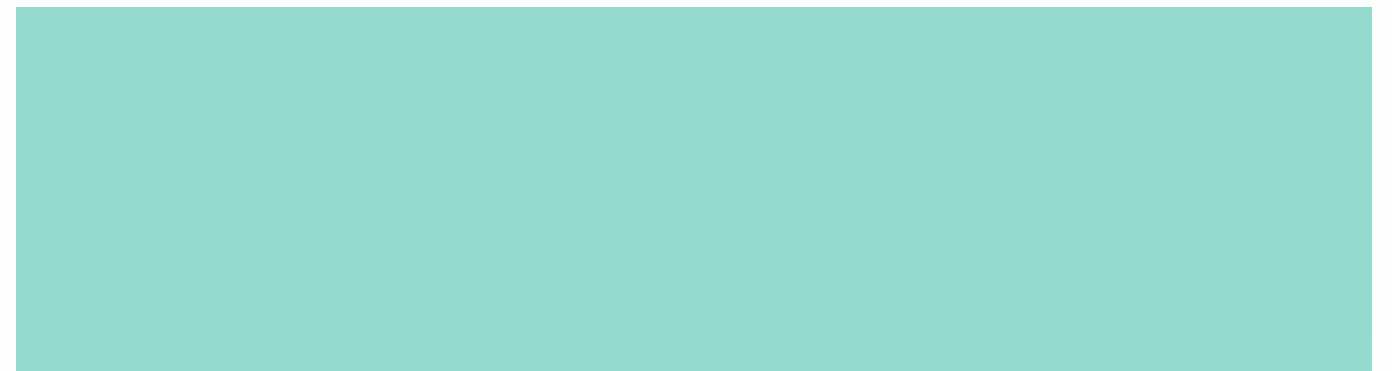
WHAT INSPIRES YOU?

How do you inspire others?

Day Nine of Discovery

WHAT IS ONE THING YOU WANT
TO DO THAT SCARES YOU?

What would make it less scary?



Day 10 of Discovery

HOW DO YOU WANT YOUR LIFE TO
BE DIFFERENT IN ONE YEAR?

What's a small change you can make today?

Day 22 of Discovery

"WHO" ARE YOU HIDING BEHIND?

What does the real "YOU" look like?

WANT MORE?

IT'S ALL ABOUT YOU!

come on! DON'T STOP NOW! YOU HAVE 24 MORE DAYS OF DISCOVERY. KEEP GOING TO FIND OUT MORE ABOUT WHO YOU ARE AND WHAT YOUR SOUL IS ALL ABOUT!

GO TO

[HTTP://WWW.MICHELLELIVINGSTON.COM/PRODUCTS](http://www.michellelivingston.com/products)

TO PURCHASE THE REMAINING DISCOVERIES!